**Teachers’ notes**

**Relationships Dating B1.3**

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| **Learning outcomes**  By the end of the lesson students will have:   * thought about different types of relationships * considered how they might advise somebody who is going on a date * read dating profiles, matched people and decided on a date location * thought about different things involved in dating |

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| **Materials**  Student’s handout / PPT  Appendix 1  All images taken from Pixabay.co.uk |

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| **Time** | **Procedure** | **Materials** |
| **5 mins** | * Display and clarify learning outcomes. | **PPT** |
| **10 - 15 mins** | * Write the word ’relationship’ in the middle of the board to introduce the topic of relationships and dating. Ask students what they know about different types of romantic or sexual relationships – tell them they might know this from real life, from TV programmes, reading articles etc. If teaching virtually you could use a word cloud Mentimeter to collect responses: <https://www.mentimeter.com>. * Put students into small groups and tell them to look at the words in the box and discuss what they understand about the different types of relationships. Tell them that if they are not sure of the meaning of some of the vocab, they should refer to the glossary on the next page. Ask them to discuss what experience they or anyone they know have of the different types of relationships. * Conduct whole class feedback. Focus in particular on the meaning of ‘dating’. You can explain that for some people it could mean that they have been on one or two dates with someone, or for others it might mean that they are a ‘couple.’ They might have a mainly physical relationship, or it might become a physical relationship later on. The person you date might be dating other people at the same time, or only you. It could be committed from the start, or become more committed as time goes on. * You could also ask students which terms they know to describe people in a committed relationship; e.g. *partner (gender neutral term – anyone can use it!), husband/wife, fiancé, girlfriend/boyfriend*. (And maybe also your local term, e.g. *sambo* in Sweden). | **PPT**  **Activity 1** |
| **10 minutes** | * To focus more on the topic of dating, display the slide with the phone conversation image. Tell the class to discuss what their advice/reply would be in small groups. Then, conduct whole class feedback – students can tell you what their group discussed verbally, or by writing in the chat if teaching virtually. Let students’ responses and ideas inform you about any opinions your class might hold on this topic. Respond to anything which comes up appropriately — either by advising otherwise, agreeing, or telling students that they will be covering that this lesson. * You could also take this opportunity to talk about dating in the digital age – what do they know or think about dating apps, about the risks and benefits? How is online dating etiquette different to in-person? How can you show respect to people in both spaces? This discussion will lead into the next activity. | **PPT**  **Activity 2** |
| **15 + minutes** | * Put students into small groups. Give them the six dating app profiles (Appendix 1). Tell them to match the people together and choose where they would send them on their first date – to a restaurant, on a hike, the cinema? Students decide together in groups, and need to be able to explain their choices. * You could pre-teach some of the vocabulary in the glossary before the task, or alternatively help students understand while you monitor the activity and then conduct whole-class glossary vocabulary understanding feedback after the activity once students have read the words in context. * Monitor and engage with discussions, help with understanding of words or phrases. Check understanding. * Once they are finished, conduct whole class feedback – do all groups agree? Why/why not? Get students to explain and justify their choices. | **PPT**  **Activity 3**  **Appendix 1** |
| **10 mins** | * Keep students in the same groups and ask them to discuss the follow up questions in Activity 4. You might need to define the idea of ‘splitting the bill’ although it is explained. Ask them whether they split the bill if they go out with a friend, and use their answers to understand why it might be different if it’s a date. Conduct whole class feedback and spend time discussing when students think it is appropriate to start dating. In many countries, people are starting to have relationships younger and younger and this might be strange for people who have lived in other countries. | **PPT**  **Activity 4** |
| **5 mins** | * Reflection: Thoughts about dating. Ask students to think about their answers individually and then discuss in small groups. If you have enough time, conduct whole class feedback. | **PPT**  **Activity 5** |

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**Activity 1: Types of relationships**

In small groups talk about the different kinds of relationships people can have using the words in the box. What experience do you or people you know have of the different types of relationships?

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| **casual/open**  **long-distance**  **committed**  **dating**  **monogamous**  **long-term** |

**Activity 2: Advising your friend**

You get a text from your friend; they’re going on a date this evening with someone they met on a dating app. What advice can you give? How would you reply to them?

Graphical user interface, text, application, chat or text message

Description automatically generated

**Activity 3: Matching couples**

A picture containing doll

Description automatically generatedA picture containing doll

Description automatically generatedYou’re going to read six dating app profiles. In your group:

1. Read the profiles, using the glossary to understand new/unfamiliar vocabulary.
2. Decide which people you would put together to go on a date. Why?
3. Decide where you would send them on a date. E.g. a restaurant, on a hike, to the cinema? Why?

**Activity 4: follow-up discussion**

In small groups discuss the questions:

A picture containing person, people

Description automatically generatedWhat is a good age to start dating?

Should parents be involved in choosing who their children date and/or their long-term partner?

Why is it difficult for single parents to have relationships?

When you go on a date, should you **split the bill**?

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| **Glossary**  **monogamy –** a relationship in which the couple have no other romantic or sexual partners  **red flag** – a bad sign; something someone does or says which signals that they are not respectful.  **swiping** – the action of saying ‘yes’ or ‘no’ to a profile on a dating app by sliding your finger across the screen.  **long-term relationship** – a relationship which lasts for many years.  **open relationship** – an emotionally committed relationship where one or both partners sleep with other people.  **long distance relationship** – when people are in a relationship but live far away from each other.  **single parent** – someone with a child/children who they are raising without another parent.  **casual relationship** – when people go on dates, spend time together and sleep together, but are not committed to one another. Friends with benefits is a type of casual relationship.  **be intimate with somebody** – sexual intimacy means having sex, and there is also some emotional connection.  **go home with somebody** – in a dating context, this means going back to your date’s house to spend time together and/or have sex.  **self-conscious** – being aware of yourself and anxious about what others think of you.  **serial dater** – someone who dates a lot.  **click with somebody** – to have a quick, positive connection with someone; be able to easily understand each other’s thoughts and feelings. Often not romantic – you can click with a friend/colleague.  **see someone** – “seeing someone” is the same as “dating someone.” You are not their partner, but you go on dates and spend time together sexually (or romantically).  **cheating** – having a romantic or sexual relationship/sexual encounter outside of your committed relationship. |

**Activity 5: Reflection**

Your thoughts about dating. ***Agree*** or ***disagree*** with the statements.

* Long distance relationships can never work out.
* Dating apps make dating easier.
* It’s impossible to get a real idea of what someone is like from a dating app.
* People are more likely to meet their perfect partner through work/ education/ a religious group/ at bars than meet them online.
* I would never go home with someone on a first date.
* Dating is very different in different countries I have lived in to where I live now.

Compare your thoughts with a partner or in a small group.

**Appendix 1**

Sara

I’m a **single parent** with a young childso my schedule is very changeable! My child comes first. I’m looking for a relaxed, **casual** relationship not a father for my child. Respect and good communication are very important to me. My hobbies include swimming and reading (when I get time!) and I am a dentist. So yes, extra points for good teeth.

Sujal

I’m not looking for anything serious — I’d like to find someone I get on with and meet occasionally. I moved to this city, and this country, recently. I was with someone in my home country before, but we decided to end it for now because we didn’t want to have a **long distance relationship**. We may still get back together, which is why I am not looking for a commitment — just some fun and to meet different people.

Taylor

Hi everyone, I’m looking to meet a good person! I like to explore my local area and I care a lot about the environment.

When it comes to dating, I don’t want to just meet someone and **go home with** them. I like to have conversations, to learn about the things other people care about. And I don’t want to move too fast. In my last relationship I was sadly cheated on, so people who are **serial daters** are sometimes a **red flag** for me because I feel like they might just move on to someone new! But I also understand if you date a lot because you just haven’t met anyone you **clicked** with yet*.*

Jessie

Hi all internet-daters. I have recently got out of a **long-term relationship** and am looking to start dating again slowly. It has been a long time since I was single, and I am not looking to commit so soon after my last relationship ended. Just to have fun, and meet interesting people. I’m happy to be flexible and relaxed. I enjoy windsurfing and like to cook.

Leila

I’m Leila and this is my first time on a dating site! I’m a bit **self-conscious** and quite shy — I don’t want to share everything about myself early on. I need to really like and trust someone to be **intimate** with them. So I’m looking for someone kind and patient, who doesn’t want to rush the physical side of the relationship, would be ideal for me. I’m passionate about animal rights, so I am vegan. I know lots of good vegan restaurants in the city 😊 Tell me what you believe in!!

Lorenzo

I’m in an **open relationship**, and my partner and I live in different cities. We visit each other about twice or three times a month. So when they are away I’d like to **see** someone casually and my partner is cool with me doing this. Why not, he sees other people too.